

Week 4

March 16-21

Monday, March 16

*Daily Reading: Psalm 89:19-52 | Genesis 49:1-28 | 1 Corinthians 10:14–11:1
Mark 7:24-37*

They were astounded beyond measure, saying, “He has done everything well; he even makes the deaf to hear and the mute to speak.” — Mark 7:37

Reflect: How can you find common ground with those who are different from you or who may be considered “outsiders” in a social setting?

Going Deeper

- The Syrophenician woman’s persistence changed the course of her daughter’s life. What can her story teach you about perseverance in prayer when you feel unheard or unworthy?
- The man’s healing began when Jesus touched him and said, “Be opened.” In what areas of your life do you long for your heart, ears or eyes to be opened more fully to God’s truth?
- Jacob blesses his sons, who each have their own flaws and gifts. How does this story help you recognize the value and potential in those who don’t fit your expectations?



Tuesday, March 17

*Daily Reading: Psalm 94, [95] | Genesis 49:29–50:14 | 1 Corinthians 11:17-34
Mark 8:1-10*

Then he ordered the crowd to sit down on the ground; and he took the seven loaves, and after giving thanks he broke them and gave them to his disciples to distribute; and they distributed them to the crowd. They had also a few small fish; and after blessing them, he ordered that these too should be distributed. They ate and were filled. — Mark 8:6-8a

Reflect: What does food symbolize to you? How do the two feeding stories in Mark shape your understanding of the spiritual food of God?

Going Deeper

- When has sharing a meal become a moment of connection or grace for you?
- Jesus blesses and breaks the loaves before feeding the crowd. What does this act of breaking and giving teach you about generosity, humility and trust in God's abundance?
- Paul reminds the Corinthians that sharing the Lord's Supper is an act of unity and care for others. How does your participation in worship become an opportunity to feed others with love and grace?



Wednesday, March 18

*Daily Reading: Psalm 119:121-144 | Genesis 50:15-26 | 1 Corinthians 12:1-11
Mark 8:11-26*

Now the disciples had forgotten to bring any bread; and they had only one loaf with them in the boat. And he cautioned them, saying, "Watch out – beware of the yeast of the Pharisees and the yeast of Herod."

– Mark 8:14-15

Reflect: What are some of the teachings and actions of Jesus that you have trouble understanding? Can you bring those questions into your prayer life and ask God to give you eyes to see?

Going Deeper

- When have you felt like the disciples, like you were missing the point of what Jesus was trying to teach? What helped you grow in understanding?
- The blind man in Bethsaida begins to see gradually, not all at once. When have you experienced spiritual growth as a process rather than a single moment of clarity?
- Psalm 119 speaks of longing to understand God's commandments. How can you make space in prayer to ask God to open your eyes to truths you may not yet understand?



Thursday, March 19

Daily Reading: Psalm 73 | Exodus 1:6-22 | 1 Corinthians 12:12-26 | Mark 8:27–9:1

He asked them, “But who do you say that I am?” – Mark 8:29a

Reflect: Are there any situations in your life story where God’s solution was better than what you wanted to happen?

Going Deeper

- Imagine Jesus asking you, “Who do you say that I am?” How would you answer his question?
- Peter struggles to accept that the Messiah must suffer. When have you found it difficult to trust God’s plan because it didn’t match your hopes or expectations?
- In Exodus, the midwives defy Pharaoh’s command and protect life, trusting in God rather than earthly power. What might it look like for you to act faithfully and courageously when obedience to God conflicts with worldly logic?



Friday, March 20

*Daily Reading: Psalm 107:1-32 | Exodus 2:1-22 | 1 Corinthians 12:27–13:3
Mark 9:2-13*

Six days later, Jesus took with him Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them. — Mark 9:2

Reflect: Who was Jesus to you as you grew in faith? How has your concept of Jesus changed since you first began to believe?

Going Deeper

- When have you had a “mountaintop moment?” What made it so special?
- Psalm 107 celebrates God’s power to rescue and redeem in times of distress. Reflect on a time when you saw God’s saving light break through your own times of darkness or confusion.
- Paul reminds the Corinthians that love is greater than all spiritual gifts. How can growing in love deepen your faith and help you access other spiritual gifts?



Saturday, March 21

Daily Reading: Psalm 33 | Exodus 2:23–3:15 | 1 Corinthians 13:1-13 | Mark 9:14-29

Someone from the crowd answered him, “Teacher, I brought you my son; he has a spirit that makes him unable to speak; and whenever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, but they could not do so.” He answered them, “You faithless generation, how much longer must I be among you? How much longer must I put up with you? Bring him to me.”
— Mark 9:17-19

Reflect: How can you be an active participant in healing? What holy habits might help in this journey?

Going Deeper

- When have you found yourself praying like the boy’s father? How can prayer help you navigate struggles of faith and doubt?
- Psalm 33 celebrates the steadfast love of God who delivers the psalmist’s soul from death. How might gratitude deepen your faith and trust in that love?
- Paul reminds us that love never fails. How can practicing love be a way of bringing wholeness to others—and to yourself?

